

### ***About Stephens Ministry Training***

Working with youth can be a sensitive thing. Stephens Ministry courseware provides specific Bible-based training in active listening, confidentiality and coping with difficult topics such as depression, self-destructive tendencies, suicide and grief.

Stephens Ministry Training is offered nationally in local churches. In addition, your local congregation can work with Stephens Ministry to offer a course within your church or organization.

In addition to preparing youth care leaders, Stephens Ministry training is also excellent training for other adult lay ministers working in other areas.

Training topics include:

- ▶ The person of the caregiver
- ▶ Feelings: Yours, Mine and Ours
- ▶ The art of listening
- ▶ Christian care giving
- ▶ Process oriented vs. results oriented care giving
- ▶ Assertiveness in care giving
- ▶ Maintaining boundaries in care giving
- ▶ Crisis theory and practice (danger vs. opportunity)
- ▶ Confidentiality
- ▶ Using mental health professionals and other community resources
- ▶ Ministering to those experiencing grief
- ▶ Dealing with depression
- ▶ Helping suicidal persons

For more information, and to find churches in your local area that offer Stephens Ministry programs, contact Stephens Ministry at [www.stephensministries.org](http://www.stephensministries.org).

### **WHY STEPHENS MINISTRY TRAINING?**

- ☑ Maintains an excellent reputation and success in churches across the country and Internationally
- ☑ Educates leaders and helps them personally
- ☑ Provides very versatile teaching
- ☑ Offers abundant resources and training workshops
- ☑ Once a church is enrolled they can administer training to other churches
- ☑ The training can readily be used in any care-giving situation
- ☑ Mandated 50 hours of initial training ensures a solid base for lay leaders
- ☑ Commitment to preserving confidentiality
- ☑ Offers continuing education and skill building for ongoing leader growth and